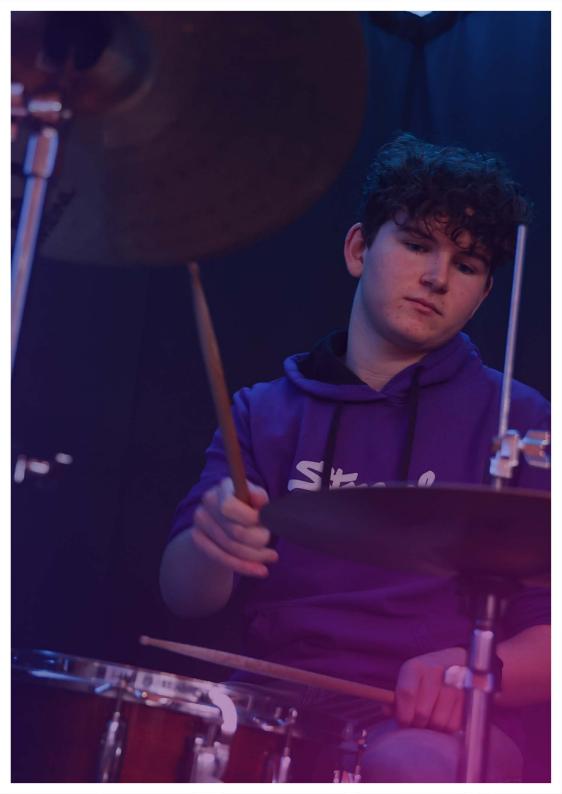


Get involved.

QE QUEEN ELIZABETH Sixth Form College As a student at QE, you will have the opportunity to participate in a wide range of activities outside the classroom. From trips abroad, or closer to home, to work experience and volunteering, Enrichment at QE helps you to develop new skills and prepare for life after College.

At the heart of Enrichment is a collection of courses, activities and projects to further enhance your academic studies. Be participating in these you'll get to try something new, gain additional experiences, make new friends and have fun. You can achieve additional qualifications while you're taking part.

This brochure outline the benefits of Enrichment at QE and gives examples of activities available to students.





### Enrichment builds skills

By taking part in enrichment activities, you can gain skills which help you to develop as a person and to prepare for your future career. These skills might relate to a particular subject area, a new language sport or a creative pursuit. Or they might help you to prepare for adult life providing you with leadership experience, building your confidence and resilience, or helping you network with new people. They may also develop your 'skills for work', making you more attractive to employers.

### Enrichment makes a difference

Enrichment activities can help you to give something back to your community and to support those around you. You might want to improve the life of the college for other students by joining the Student Association of supporting a local project. You may also want to volunteer or commit to a major social project through the Interact Group. Whether big or small, your actions through QE Enrichment can make a difference.

### Enrichment gives you the edge

Enrichment at QE can open doors to a wide range of opportunities both in the world of work and higher education. University admissions tutors inform us that regular enrichment activities add huge value to students' UCAS applications. Employers are more likely to offer jobs and apprenticeships to applicant who have participated and learned new skills, as well as having great qualifications. Whether through work experience, community action or sport, QE Enrichment gives you the edge.

### Enrichment helps you learn

Many enrichment activities support your academic courses. Field work or a trip to a local business, museum or gallery, for example, is often a fantastic way to help you learn about your subject. Visiting speakers, such as experts in their field or those with amazing stories to tell, can bring your subject to life. Whatever you choose to do, Enrichment helps you to learn beyond the classroom.

### Enrichment is fun

We want you to enjoy your time at QE. By taking part in Enrichment, you get to meet people you wouldn't meet in class, make new friends and build connections. There's no better way to bond with those around you than to volunteer with them, compete with them or go abroad with them. Most of our activities are about recreation and enjoyment, so take a break from your studies by doing something you love!

### **TRIPS & VISITS**

Many academic courses at QE give you the opportunity to learn outside the classroom by taking part in trips and visits. These can range from foreign expeditions [visit Chamonix with Geology or Washington DC with Politics for example] to fieldwork in the Lake District, visits to London, or trips closer to home. Not all our trips and visits run through subjects. The Careers Team, for example, organise visits to Universities, Higher Education Fairs, businesses, hospitals and more. Financial assistance is available to help with costs too.

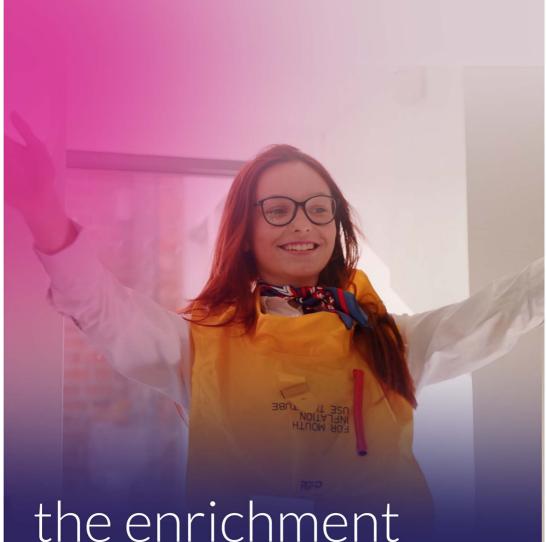
### **VISITING SPEAKERS**

QE attracts big names, such as those from the world of Media, Politics, Business and Higher Education, and gives you the chance to hear from those at the top of their field. During Progression Fortnight in June, QE offers over 50 workshops at which speakers from universities and industry share their experiences and offer you advice. Each subject has an Employer Champion who can visit your classes to tell you how to make it in the world of work. Throughout the year we hold talk and events open to all students, where you can be inspired by the successes and expertise of others.

### **WORK EXPERIENCE**

Learning about the world of work is an important element of your time at QE. You can do this in many ways such as through your subjects, in tutorials or through trips and visits. But there's no better way to experience the work place than by taking part in the work experience programme. This can be done in person, on a traditional work placement, or through the many online work experience opportunities, such as those offered by Speakers for Schools. Students on Applied General courses will complete work experience as part of their studies. Those aiming at vocational courses in HE, such as Medicine, Teaching, or Nursing, are encouraged to take part in work placements. Students looking at competitive opportunities such as Apprenticeships, will give themselves an edge by taking part in work experience. Whatever your motivation, QE will help you find the experience that's right for you. Speak to Emma, our Work Experience Coordinator [based in the Library] for more information and read our Work Experience Guide for Students.

"It was a priviledge to visit Washington DC to see some of the places central to American politics, as well as as some of the organisations involved in shaping it. It was great to visit so many iconic landmarks."



# the enrichment **PROGRAMME**

While at QE, you can choose from a huge range of opportunities that form our Enrichment Programme, running throughout the year, at lunchtimes, in lessons or outside the College, enrichment activities are open to all. We also set up new activities suggested by our students.

### **QE SPORT**

- Badminton
- Basketball
- Bollywood Dancing
- Dance

- Football
- Futsal
- Golf
- Indoor Cricket

- Netball
- Rugby
- Table Tennis
- Volleyball

### **QE LEAD**

- · Combined Cadet Force
- Culture Day Group
- Duke of Edinburgh
- Green Group & Environmental Leadership
- Higher Sports Leaders Award
- AwardLead'HER'ship
- LGBTQ+ Group
- Prom Committee

- QE Explore
- Student Ambassadors
- Student Association
- Volunteering Group

## **QE FUTURE**

- Amnesty International Youth Club
- Archaeology Group
- Aspiring Teachers
- Cabin Crew
- Event Management
- Future Engineers
- Job Ready
- Life Skills
- Law Society
- Medics Society
- Oxbridge Ready

- QE Journalism
- The Young Reporter Scheme
- Volunteering
- Work Experience

# **QE STRETCH**

- Japanese for Beginners
- Russian for Beginners
- Italian for Beginners
- Latin for Beginners
- Spanish for Beginners
- · French for Beginners
- · German for Beginners
- Chatty Café
- Chess and Games Club

- Christian Union
- Deaf Awareness/BSL
- Dementia Awareness
- FIFA Club
- First Aid/Mental Health
  First Aid Champions
- Grow and Share QE Gardening Club
- History Club

- Lunch Club
- Programming Club
- Psychology Book Club
- QE DARES (Diversity, Anti-Racism and Equality Society)
- Robotics Club
- UAT Preparation

### **QE CREATE**

- Art Enterprise
- Battle of the Bands
- Big Band
- · Chamber Choir
- Creative Writing
- Drama Group
- Knit and Knatter
- Lego Club
- Mindful Colouring
- · Music Theory

- Orchestra
- Pop Choir
- Recycled Fashion Show
- Table Top Role Playing Game



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